

OptumHealthSM

NEWS RELEASE

OPTUMHEALTH DISEASE MANAGEMENT PROGRAMS RECEIVE TOP RANKING FROM BUSINESS INSURANCE MAGAZINE

*Nation's Largest Provider of Disease Management Services Covered More than 41 Million Lives
During 2007*

GOLDEN VALLEY, Minn., (May 5, 2008) – OptumHealth has been ranked by *Business Insurance* magazine as the largest provider of Disease Management Services based on the number of clients, staff and total lives covered in 2007.

The ranking was based on a Business Insurance survey and was published in the April 21, 2008 edition of *Business Insurance*. It was reported that in 2007, OptumHealth provided disease management programs to more than 10,000 clients, covering 41,535,701 lives with a total staff of 993.

“This ranking provides a tangible measure of the scale of OptumHealth's disease management services and is a reflection of our commitment to meeting the needs of our customers and the markets we serve,” said Rob Webb, chief executive officer of OptumHealth Care Solutions, which provides the company's disease management services. "Coupled with our recent recognition from URAC and the National Committee for Quality Assurance (NCQA), this ranking underscores our broad portfolio of quality integrated health care programs that ultimately help reduce health care costs for our customers.”

OptumHealth's disease management programs are only one of several services the company provides to help individuals navigate the nation's health care system, finance their current and future health care needs and achieve their health and well being goals. The company delivers personalized health advocacy and engagement programs through a unique combination of capabilities that encompass specialty benefits, behavioral solutions, care solutions and financial services.

OptumHealth's disease management service provides programs for asthma, chronic obstructive pulmonary disease, coronary artery disease, diabetes and heart failure. The programs were designed to provide clients with the resources to manage long-term diseases, reduce unnecessary hospitalizations and healthcare costs, and increase quality of life. Features of OptumHealth's integrated disease management programs include:

- Comprehensive assessments and personalized coaching by specialty-trained registered nurses to determine the appropriate level of intervention

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- Educational programs that promote smart lifestyle choices and self care
- Ongoing support for members from behavioral health specialists to help them follow medication regimens and physician treatment plans
- Alert reports sent to physicians if significant issues are detected, and pre-visit reports sent to facilitate data-sharing on critical findings
- Individualized action plans to help program participants monitor symptoms

About OptumHealth

As the nation's largest health and well-being company, OptumHealth makes health care easier and better for employers, health plans, public sector entities and the 61 million people with access to its services. The Company's goal is to optimize health, well-being and financial security, while lowering benefit costs and helping consumers make informed decisions about their health through standalone or integrated services. OptumHealth is a division of UnitedHealth Group (NYSE:UNH). More information about OptumHealth can be found at www.OptumHealth.com.

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